



RAI'S TAEKWON-DO CLASS SCHEDULE



HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Children						
10:00-11:00 am						All Belt (Children)
11:00-12:00 pm						All Belt (Adults)
12:00-1:00pm						Ladies only Taekwon-Do
5:00-5:45pm	White Belt	Yellow stripe to yellow belt	Green belt and up	Yellow stripe to yellow belt	White and yellow stripe	
5:45-6:30pm	Yellow stripe to green stripe	Green Stripe to Blue Stripe	White Belt	Green Stripe to Blue Stripe	Yellow belt to Green belt	
6:30-7:15 pm	Green belt and up	Blue belt and up	Yellow stripe to Green Stripe	Blue belt and up	Blue stripe and up	
Adults						
7:15-8:15 pm	All belts	All belts	Blue Belt and Up	All belts	All belts	
8:15-9:15 pm		Ladies only Taekwon-Do		Ladies only Taekwon-Do		

